# **THE EVASION ASSESSMENT SHEET**

For a typical player of their age group, which category best describes them for each element

**E** Emerging player: Can perform the skill some of the time, but rarely under pressure

**D** Developing player: Can perform the skill most of the time, and sometimes under pressure

**X** Excelling player: Can perform the skill all the time and under pressure



01 4 00	Preparation	Execution	Recovery	Outwit	Decision-making
CLASS	Run at one side of	Change direction to	Accelerate after	Move defender one	Best time to outwit
	the defender	attack the other	direction change	way while stepping	defender with evasion
	—	side of the defender		the other way without	instead of pass
				being touch-tackled	
NAME					

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# THE PASSING ASSESSMENT SHEET

For a typical player of their age group, which category best describes them for each element

**E** Emerging player: Can perform the skill some of the time, but rarely under pressure

- **D** Developing player: Can perform the skill most of the time, and sometimes under pressure
- X Excelling player: Can perform the skill all the time and under pressure



CLASS	Preparation	Execution	Recovery	Outwit	Decision-making
	Hold ball in two hands,	Pass from the far hip	Finish with the hands	Disguise a pass or use	Use the best pass to
	look at target	in smile shape to the	towards target and	a dummy pass (a fake	release another player
		target	then support the	pass)	into space to go
NAME		0	receiver		forward

# RUGBY CATCHING ASSESSMENT SHEET

For a typical player of their age group, which category best describes them for each element

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**D** Developing player: Can perform the skill most of the time, and sometimes under pressure

X Excelling player: Can perform the skill all the time and under pressure



CLASS	Preparation	Execution	Recovery	Outwit	Decision-making
02/100	Call for the ball and	Reach for the ball,	Bring the ball in line	Call/shape for a pass	Catch the ball early or
	create a target with	fingers spread, elbows	with the middle of the	when the ball isn't	late depend on the
	the hands	bent, keeping the ball	body	being passed to	angle of the run
NAME		off the body	-	attract defenders	
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			E D X		
		E D X			

# RUGBY KICKING ASSESSMENT SHEET

For a typical player of their age group, which category best describes them for each element

**E** Emerging player: Can perform the skill some of the time, but rarely under pressure

**D** Developing player: Can perform the skill most of the time, and sometimes under pressure

**X** Excelling player: Can perform the skill all the time and under pressure



CLASS	Preparation	Execution	Recovery	Outwit	Decision-making
	Hold ball at hip height,	Drop the ball as the kicking foot comes	Follow through the	Shape to kick to one space and then kick to	Choosing the best space to kick to
	with the point facing the direction of kick	through to kick with a	kicking foot and body towards the target	another or dummy	manage territory or
NAME		pointed toe	towards the target	kick and run	regain possession

#### RUGBY DECISION MAKING ASSESSMENT SHEET

For a typical player of their age group, which category best describes them for each element

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CLASS	Preparation	Execution	Recovery	Outwit	Decision-making
01/100	Look for opportunity	Commit to decision	Look for next decision	Look as if making one	Choosing the best
	and call if necessary			decision when really	decisions from the
				executing another	menu of possible
NAME				Ū	decisions

# TEAMWORK RUGBY ASSESSMENT SHEET

For a typical player of their age group, which category best describes them for each element

- **E** Emerging player: Can perform the skill some of the time, but rarely under pressure
- D Developing player: Can perform the skill most of the time, and sometimes under pressure
- X Excelling player: Can perform the skill all the time and under pressure

CLASS	Preparation	Execution	Recovery	Outwit	Decision-making
	Knowing the team	Acting with the team	Reflecting on	Using teammates to	Choosing when to be
	ethos and plan	to achieve the goals	decisions and how to	make creative	a leader and when to
			grow as a team	decisions	be a team member
NAME			8.0		