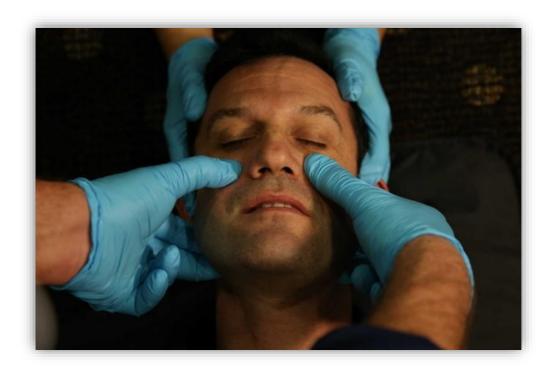


Training & Education Resources

First Aid in Rugby

Skill 1 - Opening the airway with the jaw thrust procedure

- 1. With a colleague supporting the head with MILS.
- 2. Place both thumbs on the casualty's cheek bones.
- 3. Place the index and middle fingers behind the angle of the jawbone.
- 4. Gently lift the jaw forward ensuring minimal movement of the head and neck.
- 5. Reassess the patient for airway sounds.
- 6. If you let go, the airway will close.



The jaw thrust procedure for opening the airway